

SPECIAL BEGINNER'S GUIDE

25
years
1983-2008

GEAR >> TRAINING >> RACE SCENE >>

Triathlete

NO.286 | FEBRUARY 2008

**TRIATHLETES
OF THE
YEAR**

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THE
SWIM**

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TOP SHORT-COURSES
**GREG AND
LAURA BENNETT**



Laura Bennett & Greg Bennett

at a glance...

Statistics

- D.O.B: April 25, 1975
- Born: North Palm Beach, FL
- Height: 5'9"
- Weight: 122 lbs.
- Resides: Boulder, CO.

Career Highlights

- 2008 Olympian - 4th Place
- Champion of HY-Vee World Cup, Des Moines, IA '07
- Triathlete of the Year 2007, '06, '03
- World Championship Bronze Medalist 2007, 2005, 2004
- Olympic Games 2004 (1st Reserve)
- World Championship Silver Medalist 2003
- Four World Cup wins

Statistics

- D.O.B: Jan 2, 1975
- Born: Sydney, Australia
- Height: 5'11"
- Weight: 150 lbs.
- Resides: Boulder, CO.

Career Highlights

- 2004 Olympian - 4th Place
- 2007 Triathlete of the Year
- 1st ever athlete to win all 5 major grand slams - 2007
- Triathlon's largest ever prize winning earner
- USA Lifetime Fitness Grand Slam Winner '08, '07, '06
- Six World Cup wins
- #1 World Ranked Triathlete from 2002 - 2004

Laura & Greg Bennett

...in depth

Often heralded as the 'fittest couple in the world', there's little debate that the Bennett's are worthy contenders of that title. What is now debated, thanks to Laura's performance at the 2008 Beijing Olympics is 'Who is the better triathlete?' It's a matter they intend to resolve in London, at the 2012 Olympics, where both plan to represent the USA while swimming, cycling and running their way to an answer. In the meantime, they remain two of the world's most successful triathletes.

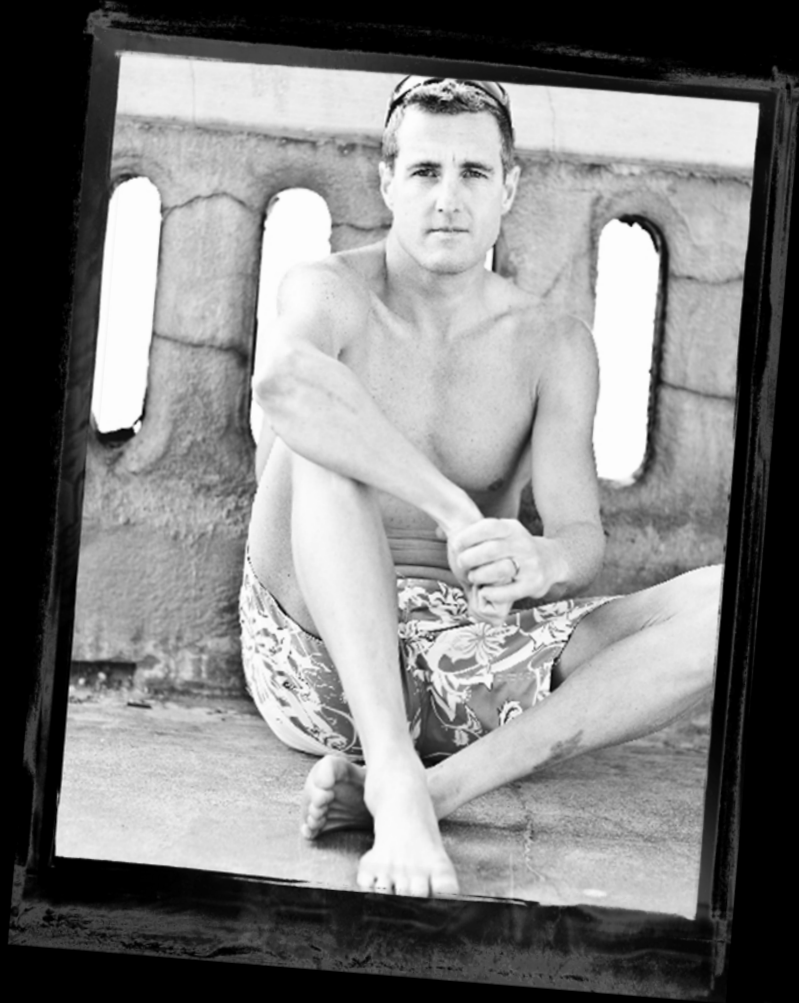
Laura (Reback), a native of North Palm Beach, Florida, was a state champion runner in high school and an All American swimmer at SMU. She followed her father (a top age grouper) into the sport of triathlon, quickly developing the cycling expertise that completed the package and has left her as one of the world's best. She's a four time World Championships medalist, has won four World Cup races, was a 2004 Olympic alternate and the 2007 Triathlete of the Year – all culminating in a 4th place finish at the 2008 Olympics.

Greg, a native of Sydney, Australia and now a long time resident of the US, began competing in triathlon at fifteen. He's won six international World Cup titles and was ranked #1 in the world from 2002-2004 before shifting his focus to the more lucrative US pro circuit. There he won both the 2006 & 2007 USA Lifetime Fitness Grand Slam Series. In 2007, he did so by winning every single event – a first ever accomplishment for any athlete in the sport – making him the very happy recipient of the world's richest ever triathlon prize purse. Appropriately, his series domination landed him the title of Triathlete of the Year. In 2004 Greg represented his native Australia at the Olympics in Athens, finishing 4th.



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GEAR >> TRAINING >> GEAR >> LIFESTYLE

Triathlete

NO.311 | MARCH 2010

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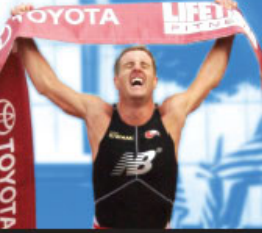




ORBEA & SHIMANO ARE DELIGHTED TO EXTEND THEIR
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**Congratulations
 Laura**



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