

Ariana Kukors

200m IM World Record Holder

2-Time World Champion

Hometown: Auburn, WA

Resides: Orange, California

Birth date: June 1, 1989

Height: 5' 7"

Weight: 137 lbs.

Strokes: breaststroke, freestyle, medley

Education: BS in Business Administration from Chapman University

Career Highlights:

- **World Record Holder-200m LC Individual Medley**
- 5-Time World Championship medalist (2-gold, silver, 2-bronze)
- 2011 FINA World Championships bronze medalist
- 2010 FINA Short Course World Champion
- 2010 National Champion
- 2009 FINA World Champion
- 2009 World Championship gold medalist-200m LC Individual Medley
- 2009 World Championship silver medalist-2×200m LC Freestyle Relay
- 5-time US National Champion
- 12-time US National Medalist
- NCAA All-American

Points of Interest:

- Ariana's World Record setting 200m IM performance at the 2009 World Championships resulted in her being named **2009 Female Race of the Year**
- Ariana has two swimming sisters. Her older sister Emily swam for AU, and her younger sister Mattie swims for ASU
- She never (ever) races without her signature pearl earrings!





From Auburn, WA, a suburb of Seattle, Ariana Kukors was in the pool at five years old. Kukors competed at the University of Washington from 2007-08, where she set six new school records and was a three-time All-American. At the 2008 U.S. Olympic Team Trials, Ariana, then 18, came up eight-hundredths (.08) of a second short of earning a trip to Beijing. That setback fueled future greatness.

The following year, at the 2009 World Aquatics Championships, Kukors set an American record in the heats, smashing the world record in the semi-finals by over one second and shattering her own world mark in the finals by nearly another second. *Swimming World Magazine* named her the female **American Swimmer of the Year**. Ariana currently holds the best-ever time of 2:06.15.

Kukors has gone on to medal winning performances at the U.S. Nationals, the Pac Pacific Championships, and both long and short course World Championships. She's accumulated five world championship medals along with her title of World Record Holder. She's entering the home-stretch to the London 2012 Olympics as a medal favorite.



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